883
584 intimation of its course. The meeting may finally be arranged at the house of an older female friend. If the two are genuinely interested in each other they may allow the fact to become
[836] public, and if the parents are pleased they will in due course be married. Otherwise the girl may keep the whole affair a secret, and after a period of flirtation have an affair with the
• [263] boy and become pregnant. Any girl who refuses to eat pepper
[843] is immediately suspected of pregnancy, and inquiries are made.

*565 When a Class C family wishes to celebrate some occasion
574 such as a birthday, anniversary, or the time in which the twin saints Cosme and Damião are feasted, the woman's friends
252 and any nearby female relatives come in to help her cook.
262 Guests are invited by the husband. The preparation of all food must be done by hand, the chickens killed, cleaned, and
[476] plucked, the beans shelled, the shrimp and fish cleaned, the farina cakes made, and the popular liqueurs (licores) prepared
[273] by soaking various kinds of fruit in bottles of rum and syrup. At such parties the traditional, favorite Bahian dishes of vatapá, acarejé, carurú, abará, cuscus, and the many moquecas, are served. All these are appetizing, but take much time
[251] to prepare and cannot be made too far in advance, for there
*565 is no way of preserving food. Unless the household is particularly wealthy, the family seldom gives parties; many never
574 manage to give one. Dancing forms an important part of the
535 festivities. The men bring their drums, tambourines, and guitars, while the women sing and dance the samba. In the rural
[369] area, social dancing in mixed couples is rare, but in town it is a common form.

*565 A family may take care of an aged mother, father, or even
888 godparent, or of some other relative on either side. Such a
736 person is well cared for within the family means. Most people in Vila Recôncavo are generous toward others who are in some way unfortunate, and help them if they can. There is little or no complaint if the household has to take in an infirm or aged relative; most people say that the same may happen to them one day and they will have to be taken care of. Perhaps the old person helped them in some way in the past when they needed aid and is now being repaid. Or if some older person wants to live alone, a group of neighbors and relatives all help in preparing meals and supplying food and other wants over an extended period of time. There is no case in Vila Recôncavo of an elderly person being sent to a public institution.

4: Pierson Z-4, 5 (1935-1937) 1967
SOll Bahia Brazilians SOll

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Although the Bahian upper classes, owing to their Negro cooks, are not unacquainted with those dishes of African origin so commonly eaten in the homes of lower-class blacks, one does not ordinarily find on their tables African delicacies like *abará*, *aberém*, *acassá*, *acaragé*, *arroz de Aussá*, *bôbô de inhame*, *carurú*, *efó*, *xin-xin*, etc., each of which is seasoned according to recipes handed down from African forebears who also extensively made use of African seasonings like *azeite de dendê*, *ataré*, *irú*, *pejerecum*, *iêrê*, and *egussi*.[18] The eating habits of the upper classes are, in general, European in origin. But the poorer inhabitants extensively utilize banana leaves for plates and for packaging foods and replace forks with fingers as eating accessories.

565 264 [177] (824) [415]

The music and dances enjoyed by large numbers of the darker population further distinguish this portion of the Bahian community. For instance, the *samba*, or *samba batida*, a regional form of the old *batuque*, although it has now been taken over by the upper classes and in a modified form become not only one of the most characteristic musical forms but also one of the favorite dances of Brazil, is still enjoyed in its primitive simplicity by the Bahian lower classes. With them it is a dance in which first one and then another of the participants enters a circle, dances a shuffling step while singing, cantor-fashion, the first line of a stanza, the others responding as a chorus. A song very popular at Mar Grande on the island of Itaparica in the bay at Bahia recalls the

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[18] *Azeite de dendê* is oil from the *dendê* palm; *atarê*, said to have been imported from Africa by Bahian Negroes, is a variety of pepper; *egussi* are gourd or melon pips; *iêrê* are seeds similar to those of the coriander; *irú* and *pejerecum* (or *bejerecum*) are varieties of small beans. For recipes of a number of these dishes see Manoel Raymundo Querino, *A arte culinaria na Bahia* (Bahia, 1928).